Rap Das Arman

Choreographed by John Warnars

Description: 32 count, 2 wall, intermediate, hip hop line dance

RAP DAS ARMAS

Choreographed: John Warnars (19-02-2009)

Type of dance : 2 wall line dance

Niveau : Intermediate

Counts: 48 – bpm 128 – intro 48 counts (from the 1e beat = 22 sec.)

Music: Cidinho & Doca – Rap das armas (Lucana club mix)

STEP, LOCK, LOCK STEP, STEP, LOCK, LOCK STEP;

- 1. RF step diagonally right
- 2. LF step crossed behind RF
- 3. RF step diagonally right
- & LF step crossed behind RF
- 4. RF step diagonally right
- 5. LF step diagonally left to
- 6. RF step crossed behind LF
- 7. LF step diagonally left to
- & RF step crossed behind LF
- 8. LF step diagonally left to

ROCK, RECOVER, ROCK, RECOVER, ½ TURN, TOUCH/TAP, ¼ TURN, POINT/TAP;

- 1. RF step rock forward
- 2. LF weight back on LF
- 3. RF step rock back
- 4. LF weight back on RF
- 5. RF step ½ turn left behind
- 6. LF tap with toe crossed over RF
- 7. LF step with ¼ turn clockwise side
- 8. RF tap right toe to side

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS STEP, SIDE STEP, CROSS SHUFFLE;

- 1. RF step / rock crossed over LF
- 2. LF weight back on LF
- 3. RF step to right side
- & LF step / close next RF
- 4. RF step to right side
- 5. LF step crossed over RF
- 6. RF step to right side
- 7. LF step crossed over RF
- & RF step / close next LF
- 8. LF step to right side

MONTERY 1/2 TURN, JAZZ BOX CROSS;

- 1. RF tap right toe to side
- 2. RF make a ½ turn right on the ball LF and RF closes next LF
- 3. LF tap toe with left side
- 4. LF step / close next RF
- 5. RF step crossed on LF
- 6. LF step back
- 7. RF step to right side
- 8. LF step crossed over RF

SIDE STEP, CLOSE, SIDE SHUFFLE, ROCK BACK, RECOVER, SIDE SHUFFLE ¼ TURN;

- 1. RF step to right side
- 2. LF step / close next RF
- 3. RF step to right side
- & LF step / close next RF
- 4. RF step to right side
- 5. LF step rock back
- 6. RF weight back on RF
- 7. LF step left side
- & RF step / close next LF
- 8. LF step with ½ turn clockwise to

ROCK, RECOVER, ½ TURN SHUFFLE, STEP, ½ TURN RIGHT, SHUFFLE;

- 1. RF step rock forward
- 2. LF weight back on LF
- 3. RF step with ½ turn clockwise side
- & LF step / close next RF
- 4. RF step with 1/4 turn clockwise to
- 5. LF step forward
- 6. LF + RF make a ½ turn right
- 7. LF step forward
- & RF step / close next LF
- 8. LF step forward
- 1. RF start again ...

Note: End of 2nd wall, a bridge count of 4! OUT, OUT, IN, IN.

- 1. RF step right. 2. LF step left for
- 3. RF step right back. 4. LF step left behind.

Video URL: www.youtube.com/v/sY2v4VCz34I