

**African Lady**

**64 count, 2 wall, intermediate level.**

**Music: African Lady by Tony Stevens** (iTunes)

**Start dance on lyrics.**

**Choreographer: Don Kay (countryman@xtra.co.nz)**

**Chasse left. Rock back. Recover. 1/4Turn. 1/4Turn. Cross shuffle.**

Step L to side. +R next to L. L to side. Rock back on R. Recover on L. Turning 1/4 left step

back on R. Turning 1/4 left step L to side. Cross R over L. +L to side. Cross R over L.

**1/4Turn. 1/4Turn. Shuffle forward. Step forward. Hip bump. Step forward. Hip bump**

Turning 1/4 right step back on L. Turning 1/4 right step R to side. Step forward L. +Step R

next to L. Step foeward L. Step forward R. Bump hips right. Step forward L. Bump hips left.

**Side. Rock back. Recover. Turning step back. Sweeping turning sailor shuffle. Step. Step.**

Step R to side. Rock back on L. Recover on R. Turning 1/4 right step back on L. Sweep R

around while turning 1/4 right stepping R behind L(2 counts) +Step L to side. Step forward R.L.

**Rock. Recover. Coaster step. 1/4Swivel. 1/4Swivel.**

Rock forward on R. Recover on L. Step back on R. +Step left next to R. Step forward on R.

Step forward on L. Swivel 1/4 right. Step forward on L. Swivel 1/4 right.

**Out out. In in. Walk. Walk. Out out. In in. Walk. Walk.**

+Step L to side. Step R to side. +Step L back to centre. Step R next to L. Walk forward L.R.

+Step L to side. Step R to side. +Step L back to centre. Step R next to L. Walk forward L.R.

**Heel touches.** (Moving back) **Coaster step. Cross behind. Turning 1/4 step forward.**

***Moving back***. Touch L heel forward. +Step back on L. Touch R heel forward. +Step back on R.

Touch L heel forward. +Step back on L. Touch R heel forward. Step back on R. + L next to R.

Step forward on R. Cross L behind R. Turning 1/4 right step forward on R.

**Rock. Recover turning 1/2. Shuffle forward. Rock. Recover turning 1/2. Shuffle forward.**

Rock forward on L. Back on R.Turning 1/2 left step forward on L.+R next to L. Forward on L

Rock forward on R. Back on L.Turning 1/2 right step forward on R.+L next to R. Forward on R

**Step. Turn. Turning step side. Behind. Turning step forward. Step. Swivel. Cross.**

Step forward on L. Pivot 1/2 right. Turning 1/4 right step L to side. Step R behind L. Turning 1/4

left step forward on L. Step forward on R. Swivel 1/4 left. Cross R over L.

1+2 3 4

5 6 7+8

9 10 11+12

13 14 15 16

17 18 19 20

21 22+23 24

25 26 27+28

29 30 31 32

+33+34 35 36

+37+38 39 40

41+42+

43+44 45+

46 47 48

49 50 51+52

53 54 55+56

57 58 59 60

61 62 63 64

**Suggested finish:** Dance to count 24. Then:

Swivel 1/4 right. Step forward on L. Swivel 1/4 right. Step L in place. Step R in place.

