

# YOLANDA

Dance : Partner (64 counts), beginner- intermediate  
Position : Man L.O.D. Lady R.L.O.D.  
Right shoulder to right shoulder, slightly diagonal, Right palm to right palm shoulder level  
Musique : Yolanda Joe Merrick  
Chorégraphe : GILLES LABRECQUE  
E-mail : [labdup@sympatico.ca](mailto:labdup@sympatico.ca)

1 – 8 **M: FWD ROCK - 1/2 TURN SHUFFLE - MILITARY PIVOT – SHUFFLE FWD**  
**L: FWD ROCK - 1/2 TURN SHUFFLE - MILITARY PIVOT – 1/2 TURN SHUFFLE**

1, 2 Rock forward R, Recover on L

3 & 4 Shuffle RLR ½ turn right

5, 6 Step forward L, Pivot ½ turn right

7 & 8 **M** : Shuffle LRL forward

**L** : Shuffle LRL ½ turn right

**Ending in right side by side position facing LOD**

9 – 16 **ROCK BACK - SHUFFLE FWD - WALK X2 - SHUFFLE FWD**

1, 2 Rock back on R, Recover on L

3 & 4 Shuffle RLR forward

5, 6 Walk forward L, R

7 & 8 Shuffle forward LRL

17 – 24 **M: SIDE SLIDE X 2, MILITARY PIVOT - SHUFFLE FWD**

**L: BACK STEP, STEP ON PLACE X3, ROCK STEP, BACK STEP X 2**

**Release left hand, lady passes under mans raised right arm**

1, 2 **M** : Step R to right, Step L beside R

**L** : Step back R, Step L next to R

3, 4 **M** : Step R to right, Step L next to R

**L** : Step R in place, Step L in place

**Lady now behind man,**

**Mans L hand in Lady's L hand, Release R hand**

5, 6 **M** : Step forward R, Pivot ½ turn left

**L** : Rock forward on R, Recover on L

**Now L shoulder to L shoulder slightly diagonal man facing RLOD lady facing LOD**

7&8 **M** : Shuffle RLR forward

7, 8 **L** : Step back R, L

**Pick up mans R hand in Lady's R hand, R hands over L hands**

25–32 **M: FWD ROCK, COASTER STEP, MILITARY PIVOT, SHUFFLE FWD**

**L: BACK ROCK, MAMBO STEP, BACK ROCK, SHUFFLE FWD**

1, 2 **M** : Rock forward on L, Recover on R

**L** : Rock back on R, Recover on L

3 & 4 **M** : Step back on L, Step R beside L, Step L forward

**L** : Step forward on R, Recover on L, Step R beside L

**Pass R arm over lady's head**

5, 6 **M** : Step forward R, Pivot ½ turn left

**L** : Rock back on L, Recover on R

7 & 8 **M** : Shuffle RLR forward

**L** : Shuffle LRL forward

**Ending in right side by side position facing LOD**

33–40 **M : STEP SLIDE, SHUFFLE , STEP SLIDE, SHUFFLE**

**L : STEP SLIDE, SHUFFLE , STEP SLIDE, SHUFFLE**

1, 2 **M** : Step forward on L, Slide R beside L

**L** : Step forward on R, Slide L beside R

3 & 4 **M** : Shuffle LRL forward

**L** : Shuffle RLR forward

5, 6 **M** : Step forward on R, Slide L beside R

**L** : Step forward on L, Slide R beside L

7 & 8 **M** : Shuffle RLR forward

**L** : Shuffle LRL forward

**Still in right side by side position facing LOD**

# YOLANDA

**41 – 48 M: SLIDE 1/4 TURN, SIDE, SIDE SHUFFLE – ROCK BACK – 1/2 TURN SHUFFLE**  
**L: SLIDE 1/4 TURN, SIDE, SIDE SHUFFLE – ROCK BACK – 1/2 TURN SHUFFLE**

***Pass R arm over lady's head***

1, 2 **M** : Step L ¼ turn right, Step R next to L  
**L** : Side step R ¼ turn left, Step L next to R

***Now facing each other, man OLOD, lady ILOD, arms crossed R over L***

3 & 4 **M** : Side shuffle LRL  
**L** : Side shuffle RLR

5, 6 **M** : Rock back on R, Recover on L  
**L** : Rock back on L, Recover on R

***Do not release hands, lady passes in front of man, arms pass over lady's head***

7 & 8 **M** : Shuffle RLR ½ turn left  
**L** : Shuffle LRL ½ turn right

***Now facing each other, man ILOD, lady OLOD, arms crossed L over R***

**49 – 56 M: SIDE ROCK - CROSS SHUFFLE – STEP X 2 – FWD SHUFFLE**  
**L: SIDE ROCK - CROSS SHUFFLE – STEP 1/4, STEP X 3**

1, 2 **M** : Rock L to left, Recover on R  
**L** : Rock R to right, Recover on L

3 & 4 **M** : Cross shuffle LRL to right  
**L** : Cross Shuffle RLR to left

***Lady passes in front of man, L arm passes above lady***

5, 6 **M** : Cross step R in front of L ¼ turn right, Step L forward  
**L** : Cross step L in front of R ¼ turn left, Step R forward

7 & 8 **M** : Shuffle RLR forward

7, 8 **L** : Step L forward, Step R forward

***Ending in right side by side position facing LOD***

**57 – 64 M: STEP X 2 - FWD SHUFFLE – ROCK STEP, ROCK BACK**  
**L: STEP X 2 - FWD SHUFFLE – STEP BACK 1/2 TURN, STEP BACK, ROCK BACK**

1, 2 **M** : Step L forward, Step R forward  
**L** : Step L forward, Step R forward

3 & 4 **M** : Shuffle LRL forward  
**L** : Shuffle LRL forward

***Release L hand, Pass R hand above lady***

5, 6 **M** : Rock forward on R, Recover on L  
**L** : Step R ½ turn left, Step back on L

***Now in starting position R palm to R palm***

7, 8 **M** : Rock back on R, Recover on L  
**L** : Rock back on R, Recover on L