



# SWEDISH DELIGHT

4 walls 32 counts beginner/intermediate level

Choreographed by: Louise Elfvengren (SE) Feb 2010

Choreographed to: Fait Accompli by Benny (ABBA) Andersson Band CD: Song of a heart

Singer: Tommy Körberg

Intro: Start dance when he says Accompli

1 Restart wall 4 after section 2

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## SECTION 1

### **STEP FW, STEP DOWN ON RIGHT, SAILOR STEP WITH SWEEP, STEP FW, ¼ TURN LEFT, CROSS ROCK AND ½ TURN RIGHT TURNING BW**

- 1-2 Step forward on left, switch weight to right foot  
3&4 Sweep left front to back crossing left behind right, step right beside left, step fw on left. **(12 o clock)**  
5-6 Step right forward, turn ¼ left. **(9 o clock)**  
7&8 Cross right in front of left, recover onto left, turn ½ backwards to the right, stepping right beside left. **(3 o clock)**

## SECTION 2

### **CROSS ROCK, SWEEPS BW, TOUCH, LOCK STEPS FW**

- 1-2 Cross left in front of right (long rock move your body forward), recover onto right.  
3-4 Sweep left front to back, sweep right front to back.  
5-6 Sweep left front to back, touch right next to left.  
7&8 Step forward right, lock left behind right, step forward on right. **(3 o clock)**

## Restart wall 4

## SECTION 3

### **ROCK FW, FULL TRIPLE TURN LEFT, ROCK FW, 1/4 SAILOR TURN RIGHT WITH SWEEP**

- 1-2 Rock forward on left, recover onto right.  
3&4 Full triple turn left stepping left-right-left. **(3 o clock)**  
**Option:** Coaster Step, count 3&4  
5-6 Rock forward on right, recover onto left.  
7&8 Step right behind left (with a sweep), turn 1/4 right stepping down on left, step right beside left. **(6 o clock)**

## SECTION 4

### **CROSS SHUFFLE MOVING RIGHT, CROSS SHUFFLE MOVING LEFT, ROCK FW, STEP ¼ TURN, STEP**

- 1&2 Cross left over right, step right beside to left, cross left over right.  
3&4 Cross right over left, step left beside to right, cross right over left.  
5-6 Rock left forward, recover onto right.  
7-8 Turn ¼ left stepping down on left, step right beside left. **(3 o clock)**  
**Option:** 1 1/4 turn left, count 7-8