

Jeff Mills
D&G Country Western
Dance Instructor (Qualified)
N.T.A. Level 2
G.P.T.D
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Still Going Strong

Partner Dance: – 32 Count – Easy Intermediate
Start Position: Double Open Hand – Gent facing RLOD – Lady facing LOD

Suggested Dance Music:

We're All Going To Die Some Day – Ann Tayler – CD: Home To Louisiana - 91/182 BPM
Disappearing Nightly – Bill Wyman's Rhythm Kings – CD: Just for a Thrill – 93/186 BPM

Suggested Teaching Music:

All You Ever Do Is Bring You Down – The Mavericks – CD: Music for All Occasions - 145 BPM

Choreographers: Jeff & Thelma Mills.

Gent:

½ Rumba Box. ½ Turn - Step. Chasse ¼ Turn. ½ Turn - Step.

1&2 Step L to L side. Step R next to L. Step forward L.
3&4 Step forward R. Pivot ½ turn L. Step forward R.
5&6 Step L to L side. Step R next to L. Step L ¼ turn L.
7&8 Step forward R. Pivot ½ turn L. Step forward R.

Note: During counts 3&4: Release gent's left and ladies right hand, raise hands and gent to turn under gent's right and ladies left.
On count 5: Release hands.
On count 8: Go into double open hand hold.

Side Touch x 2. Lock Step. Triple Step. Full Triple Turn.

1&2 Step L to L side. Touch R next to L. Step R to R side.
& Make 1/8 turn L and touch L across R.
3&4 Syncopated lock step LRL with 1/8 turn L down LOD.
5&6 Triple step forward RLR.
7&8 ½ Turn R stepping back L. ½ Turn R stepping forward R.
Step forward L.

Note: During counts 5 & 6: Release gent's right and ladies left, raise hands and lady to turn under gents left, ladies right.
On count 7: Release hands.

Triple Step. Rock Step ¼ Turn. Sailor ¼ Turn. Triple Step.

1&2 Triple step forward RLR.
3&4 Rock forward L. Recover back onto R.
Make ¼ turn L stepping L to L side to face ILOD.
5&6 Sweep R and make sailor ¼ turn R to face LOD.
7&8 Triple step forward LRL.

Note: During counts 1 & 2: Go into double open hand hold.
On count 5: Release gent's right and ladies left hands.

Forward Touch. Back Kick. Coaster Cross. ½ Turn. Coaster Step. Forward Touch. Back Kick. Coaster Step. Chasse. Coaster Step.

1&2 Step forward R. Touch L behind R. Step back L.
& Kick R forward.
3&4 Coaster step RLR crossing R over L.
5&6 ½ Turn R stepping back L. Step in place R – L - RLOD.
7&8 Coaster step RLR.

Note: On count 5: Release hands.

Restart the dance and go into double open hand hold.

Lady:

½ Rumba Box. Mambo. Chasse ¼ Turn. ½ Turn - Step.

Step R to R side. Step L next to R. Step back R.
Rock back L. Rover onto R. Step forward L.
Step R to R side. Step L next to R. Step R ¼ turn R.
Step forward L. Pivot ½ turn R. Step forward L.

Step forward L. Pivot ½ turn R. Step forward L.

Side Touch x 2. Lock Step. ½ Turn. Full Triple Turn.

Step R to R side. Touch L next to R. Step L to L side.
Make 1/8 turn R and touch R across L.
Syncopated lock step RLR with 1/8 turn R down LOD.
½ Turn R stepping back L. Step back R. Step back L.
½ Turn R stepping forward R. ½ Turn R stepping back L
Step back R.

Step back R.

Triple Step. Rock step ¼ Turn. Sailor ¼ Turn. Triple Step.

Triple step back LRL.
Rock back R. Recover forward onto L.
Make ¼ turn L stepping R to R side to face OLOD.
Sweep L and make sailor ¼ turn L to face LOD.
Triple step forward RLR.

‘HAPPY DANCING’

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