

SAY HEY

Choreographed By: Ingrid Kan (Mar 2010)

Music: Say Hey (I Love You) [feat Cherine Anderson] by Michael Franti & Spearhead

Descriptions: 32 count - 2 wall - Beginner/Intermediate level line dance

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Intro: 24 counts. Start dance with lyrics.

Option - Contra Line Dance

Restart will happen in the 7rd rotation on count 29. (Face 12:00 only dance 28 counts)

1-8 R&L syncopated cross rock steps, Shuffle Forward R&L

1&2 Cross rock R over L, recover weight on L, step R side

3&4 Cross rock L over R, recover weight on R, step L side

5&6 Shuffle forward R-L-R Fwd.

7&8 Shuffle forward L-R-L. Fwd.

9-16 Pivot 1/4 turn left, Shuffle, Pivot 1/2 turn right. Shuffle

1 2 Step forward on R foot; Pivot 1/4 turn left, taking weight on L

3&4 Shuffle forward R-L-R

5 6 Step forward on L foot; Pivot 1/2 turn right, taking weight on R,

7&8 Shuffle forward L-R-L

17-24 Jazz Turn R1/4 Touch, Hip bump L-R

1-4 Step R foot cross L, L foot behind R; Make a 1/4 turn right stepping R,L touch

5&6 Keeping L toe on the floor bump hips to the left 2 times taking weight onto L foot on count 6.

7&8 bump hips to the right 2 times Keeping R toe on the floor

25-32 Pivot 1/2 turn left R Step, Pivot 1/2 turn right Step, Side Switches. Point. Clap.

1& 2 Step forward on R foot; Pivot 1/2 turn left, taking weight on L, Step forward on R foot

3& 4 Step forward on L foot; Pivot 1/2 turn right, taking weight on R, Step forward on L foot

5&6& Point to right side, Step right next to left, point to left side, Step left next to right

7-8 Point to right side, CLAP

Happy Dancing

Demo

<http://www.youtube.com/watch?v=AfLAH8LYHf4>