

Running Barefoot

Choreographed by Louise Herring / wrlouise721@aol.com / (770) 517-4376

Description: 32 count, 4 wall beginner/intermediate line dance

Music: "Wildflower" by The JaneDear Girls

Intro 32 counts - Start dancing on vocals

Step description prepared & provided by Leslie Thompson

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TOUCH RIGHT BEHIND, TOUCH LEFT BEHIND, STEP FORWARD, SLIDE, STEP, HITCH

- 1-2 Touch right toe behind left, step right beside left
- 3-4 Touch left toe behind right, step left beside right
- 5-6 Step right forward, slide left beside right
- 7-8 Step right, hitch left (12:00)

STEP LEFT BACK , RIGHT HEEL CLAP, STEP RIGHT BACK, LEFT HEEL CLAP, STEP LEFT BACK , RIGHT HEEL CLAP, LIFT RIGHT HEEL, TAP RIGHT HEEL CLAP, STOMP RIGHT

- 1-2 Step left back, tap right heel out to right side & clap
- 3-4 Step right back, tap left heel out to left side & clap
- 5-6 Step left back, tap right heel out to right side & clap
- 7&8 Lift right heel, tap right heel & clap, stomp right (12:00)

¼ TURN RIGHT COASTER, RIGHT KICK BALL CHANGE, MONTEREY ¼ TURN RIGHT, TOUCH LEFT TO SIDE, STEP LEFT NEXT TO RIGHT

- 1&2 ¼ turn right step back left, step right beside left, step left forward (3:00)
- 3&4 Kick right forward, step right ball beside left, step left in place
- 5-6 Point right to side, turn ¼ right on left foot step right beside left (weight on right) (6:00)
- 7-8 Touch left toe out to left, step left beside right

STEP RIGHT FORWARD, STEP LEFT BALL LEFT, SLIDE RIGHT, STEP LEFT FORWARD, STEP RIGHT BALL RIGHT, SLIDE LEFT, RIGHT KICK BALL CHANGE, ¼ TURN LEFT

- 1&2 Step right forward, step left ball left, slide right beside left (weight on right)
- 3&4 Step left forward, step right ball right, slide left beside right (weight on left)
- 5&6 Kick right forward, step right ball beside left, step left in place
- 7-8 Step right forward, ¼ turn left (weight on left) (3:00)

Repeat