

Jeff & Thelma Mills
 D&G Country Western
 Dance Instructor (Qualified)
 N.T.A. Level 2
 G.P.T.D
 01886 821772



‘Morning Light’

Intermediate Partner Dance: 32 count. **Start Position:** Open Promenade – Holding inside Hands - Facing RLOD
Suggested Music: **Sunshine (Radio Edit)** (84 BPM) **Steve Azar** – CD: Sunshine (Everybody Needs a Little) – Single
 Available from Itunes - Choreographers: Jeff & Thelma Mills

Step Forward. ¼ Step Pivot Turn Cross. ¾ Triple Turn. Triple Step Forward. ½ Step Pivot Turn. Step Forward

Gent:

1 Step forward L. *** (See Note Below)
 2&3 Step forward R. Pivot ¼ turn left. Cross R over L.
 4&5 ¼ Turn R stepping back on L.
 Pivot ½ turn right stepping forward R.
 Step forward L. (LOD)
 6&7 Triple step forward R L R.

Lady:

Step forward R. *** (See Note Below)
 Step forward L. Pivot ¼ turn right. Cross L over R.
 ¼ Turn L stepping back on R.
 Pivot ½ turn left stepping forward L.
 Step forward R. (LOD)
 Triple step forward L R L.

8&1 Step forward L. Pivot ½ turn right. Step forward L.

Step forward R. Pivot ½ turn left. Step forward R.

Note: During counts 2&3: Release and change hands gent's right to ladies left.

During counts 4&5: Release and rejoin hands.

During counts 8&1: Release and change hands gents left to ladies right.

Gent: Diagonal Triple Step Forward. ½ Triple Turn. Coaster Cross. Side Triple Step Forward.

Lady: Diagonal ½ Triple Turn. Triple Step Back. Coaster Cross. Side Triple Step Forward.

Gent:

2&3 Triple step forward R L R, to the left diagonal.
 (Changing sides)
 4&5 ½ Triple turn left L R L.
 6&7 Coaster step crossing R over L.
 8&1 Step L to L side. Step R next to L. Step forward L.

Lady:

Step forward L to the right diagonal.
 Pivot ½ turn left stepping back on R. Step back on L.
 Triple step back R L R.
 Coaster step crossing L over R.
 Step R to R side. Step L next to R. Step forward R.

Note: During counts 2&3: Raise hands and lady to turn under arms passing across and in front of gent to change side.

During counts 4&5: Gents to turn under raised arms.

During counts 8&1: Release hands, lady to pass across and in front, rejoin hands gents right to ladies left.

Gent: Triple Step Forward x 2. Rock Step – ½ Turn. Triple Step Forward.

Lady: Triple Step Forward x 2. Rock Step – ½ Turn. Pivot ½ Turn – Step Back x 2.

Gent:

2&3 Triple step forward R L R.
 4&5 Triple step forward L R L.
 6&7 Rock forward onto R. Recover onto L.
 Pivot ½ turn right stepping forward onto R.
 8&1 Triple step forward L R L.

Lady:

Triple step forward L R L.
 Triple step forward R L R.
 Rock forward onto L. Recover onto R.
 Pivot ½ turn left stepping forward onto L.
 Pivot ½ turn left stepping back on R.
 Step back L. Step back R

Note: Count 7: Release hands. During counts 8&1: Go into closed position.

Gent: Rock Step ¼ Turn. ¼ Triple Turn. ½ Triple Turn. Coaster Step.

Lady: Rock Step ¼ Turn. ¼ Triple Turn. Full Triple Turn. Coaster Step.

Gent:

2&3 Rock forward R. Recover onto L.
 Step back R ¼ turn left.
 4&5 Triple step rotating ¼ turn left L R L.
 6&7 ½ Triple turn left R L R.
 8&1** Left coaster step.

Lady:

Rock back onto L. Recover onto L.
 Step forward L ¼ turn left.
 Triple step rotating ¼ turn left R L R.
 Full triple turn right L R L
 Right coaster step.

Note: During counts 4&5: Go into right parallel position.

During counts 6&7: Release gent's right, ladies left arms. Raise gents left, ladies right and lady turn's under raised arms.

**You have now started the dance again at count 1.

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