



# Morning After

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64-count, 4 wall Intermediate line dance with restarts

Choreographed by Christopher Petre, 02/21/10; [PetreThePirate@MutinyOnTheDanceFloor.com](mailto:PetreThePirate@MutinyOnTheDanceFloor.com)

Music: "Morning After Dark" by Timbaland feat. Nelly Furtado & SoShy, 16 count intro...she says 'Go Timbaland"

## **1-8, L Shuffle, R Kick-Out-Out, And-Cross, Step Back, L Chasse 1/4 L**

1&2 Step forward L, step together on R, step forward L

3&4 Kick R forward, step R to right side, step L to left side

&5,6 Step R underneath body, cross step L in front of R, step back on R

7&8 Step L to left side, step together R, turn 1/4 left (9:00) step forward L

## **9-17, Spiral Turn with Hitch, L Shuffle, Rock, Recover, And-Cross, R Hitch**

1,2 Step R in front of L, turn one full rotation LEFT weight ending on R as you hitch L knee

3&4 Step forward L, step together R, step forward L

5,6 Rock forward on R, recover weight onto L

&7,8 Step back on R, cross step L in front of R, hitch R knee

## **18-24, Hip Bumps R & L, Side Rock, Recover, R Sailor Step**

1&2 Step forward R as you bump hips R,L,R weight ending on R

3&4 Step forward L as you bump hips L,R,L weight ending on L

5,6 Rock to right side on R, recover weight onto L

7&8 Step R behind L, step L to left side, step R to right side

## **25-32, L Sailor 1/4 L, R Shuffle 1/2 L, L Sailor 1/2 L, R Shuffle 1/2 L**

1&2 Turn 1/4 left (6:00) stepping L behind R, step R in place, step forward on L

3&4 Turn 1/4 left (3:00) stepping R to right side, step together on L, turn 1/4 left (12:00) stepping back on R

5&6 Turn 1/4 left (9:00) stepping L behind R, step R in place, turn 1/4 left (6:00) stepping forward on L

7&8 Turn 1/4 left (3:00) stepping R to right side, step together on L, turn 1/4 left (12:00) stepping back on R

## **33-40, 1/4 L Ball-Cross, Heel Twist, R Shuffle 1/2 R, Ball-Cross, Heel Twist, R Back-Lock-Back**

&1&2 Turn 1/4 left (9:00) step L to left, cross step R in front of L, twist both heels R & L (weight onto L)

3&4 Turn 1/4 right (12:00) step R to right, step together on L, turn 1/4 right (3:00) stepping forward on R

&5&6 Step forward on L, cross step R in front of L, twist heels out (to right), twist back placing weight onto L

7&8 Step back on R, cross step L over R, step back on R

## **41-48, L Shuffle 1/2, R Step, Pivot turn 1/2 L, Pivot 1/2 L Step Back R, Step Back L, R Coaster step**

1&2 Turn 1/4 left (12:00) stepping L to left side, step together on R, turn 1/4 left (9:00) step forward on L

3,4 Step forward on R, turn 1/2 left (3:00) stepping forward on L

5,6 On the ball of the L foot turn 1/2 left (9:00) stepping back on R, step back on L

7&8 Step back on R, step together on L, step forward on R

*\*restart here on the 2nd wall (rear wall) and 4th wall (front wall)*

## **49-56, L Kick-Ball-Point, And-Switch, Body Roll 1/4 L, L Coaster Step, Step, Pivot 1/2 L**

1&2 Kick L forward, step L next to R, point R toe to right side

&3,4 Step R next to L, point L to to left side, body roll as you turn 1/4 left (6:00) weight ends on R

5&6 Step back on L, step together on R, step forward on L

7,8 Step forward on R, turn 1/2 left (12:00) step forward on L

## **57-64, R Kick-Ball-Point, And-Switch, Body Roll 1/4 R, R Coaster Step, Step, Pivot 1/2 R**

1&2 Kick R forward, step R next to L, point L toe to left side

&3,4 Step L next to R, point R to to right side, body roll as you turn 1/4 right (3:00) weight ends on L

5&6 Step back on R, step together on L, step forward on R

7,8 Step forward on L, turn 1/2 right (9:00) step forward R

Repeat