

Mamma Maria 4-2

Choreographed by **Ray & Gail Garvin**

February 2010

Description: 32 count, beginner / intermediate partner / circle dance

Music: Mamma Maria by Ricchi E. Poveri (CD: I successi / Available on I Tunes)

Start Position: Sweetheart position, facing LOD

Footwork is the same except where noted / Start dancing on vocals

WALK, WALK, HEEL, TOE, SHUFFLE, ROCK, RECOVER

- 1-4 Walk forward left, right, touch left heel forward, touch left toe back
- 5&6 Shuffle forward left, right, left
- 7-8 Rock forward on right, recover weight to left

1/4 TURN SWAY, RIGHT, LEFT, CROSS SHUFFLE, 1/4 TURN, 1/2 TURN, SHUFFLE

- 1-2 As you are turning 1/4 right, shift weight side right, recover weight side left
- 3&4 Cross right over left, step left to left, cross right over left
(Release left hands, raise right hands above your head)
- 5-6 As you step side left, turn 1/4 right, as you step back right, turn 1/2 right
(Return to Sweetheart position)
- 7&8 Shuffle forward left, right left

STEP, KICK, BACK, TOUCH, STEP, LOCK, SHUFFLE

- 1-4 Step forward right, kick left forward, step left back, touch right back
- 5-6 Step forward right, lock left behind right
- 7&8 Shuffle forward right, left, right

“MEN” STEP, STEP, SHUFFLE, ROCK RECOVER SHUFFLE

- 1-2 As you step in place left, right, raise right hands over ladies head & lower to belt level
- 3&4 Shuffle back left, right, left
(Release left hands, take right hands to mans right side & return to sweetheart position)
- 5-6 Rock right back, recover weight to left
- 7&8 Shuffle forward right, left right

“LADIES” 1/4 TURN STEP, 1/4 TURN STEP, SHUFFLE, STEP, PIVOT, SHUFFLE

- 1-2 As you make a 1/2 turn left, raise right hand above your head & step left, right,
lower hands to belt level) (Now facing RLOD)
- 3&4 Shuffle left, right, left
(Release left hands)
- 5-6 Step forward right, pivot 1/2 turn left (Now facing LOD) (Return to sweetheart position)
- 7&8 Shuffle forward right, left, right

REPEAT