

Livin' In Mexicoma

Description. Partner Dance. (64 counts) Opposite Footwork.

Start: Closed Western Position. Gent Facing LOD/Lady Facing RLOD.

Choreographer. Carol* & George Stayte (UK) * Fully Qualified D & G Instructor.

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"Mexicoma". by Bucky Covington. CD I'm Alright (120 BPM) Music.

> **GENT:** LADY:

BOTH: WALK. WALK. SHUFFLE. ROCK STEP. SHUFFLE.

 $\frac{1}{1-4}$ Walk fwd left, right, left shuffle fwd. LRL. Walk back, right, left, right shuffle back. RLR.

5 - 8 Rock fwd on right. Recover on left. Rock back on left. Recover on right.

Right shuffle back, RLR. Left shuffle fwd. LRL

2 ROCK BACK. SHUFFLE FORWARD ROCK FORWARD. 1/2 TURN SHUFFLE.

WALK, WALK, SHUFFLE 1/2 TURN. SHUFFLE BACK. Rock back on left. Recover on right. Rock fwd on right. Recover on left.

1 - 4 Left shuffle fwd. LRL. Shuffle 1/2 Turn right, RLR. LOD

1/4 Turn right stepping fwd on left, 1/4 Turn right stepping back on Right Walk fwd right, left. 5 - 8

Right shuffle fwd. RLR. Left shuffle back. LRL. RLOD

Count: 1 – 4 Release Ladies left hand. Count: 5 - 8 Lady turning under raised right hand, pick up into Closed Western. Note:

BOTH: CROSS ROCK. CHASSE. CROSS ROCK. 1/4 TURN SHUFFLE.

1 - 4 Rock left over right, recover on right Rock right behind left, recover on left.

Left chasse, LRL. Right chasse, RLR.

5 - 8 Rock right over left. Recover on left. Rock left behind right. Recover on right. Shuffle 1/4 turn right. RLR. OLOD Shuffle 1/4 Turn left. LRL. OLOD.

Count: 6 – 8 Release Ladies left / Gent's right hand. Note:

STEP PIVOT ¼. TRIPLE ¼.TURN. 4 ROCK STEP. TRIPLE 1/4 TURN.

WALK. WALK. SHUFFLE. WALK. WALK. SHUFFLE. Rock fwd on left, recover on right. Step fwd on right pivot ¼ Turn left. Triple 1/4 Turn left on LRL. LOD Triple ¼ Turn left. RLR. RLOD

Walk fwd on right, left. Walk back, left, right. 5 - 8Right shuffle fwd. RLR. Left shuffle back, LRL.

Count: 1 – 4 Lady turning under raised right hand, pick up into closed western. Note:

BOTH: (ROTATING) CHASSE 1/4. (X2). ROCK STEP. SHUFFLE.

1/4 turn left into left chasse, LRL. 1/4 turn right into right chasse RLR. 1/4 turn left into right chasse, RLR RLOD. 1/4 turn right into left chasse. LRL. LOD 5 - 8 Rock fwd on left. Recover on right. Rock back on right. Recover on left.

Right shuffle fwd. RLR. Left shuffle back LRL.

BOTH: (ROTATING) CHASSE 1/4 (X2). ROCK STEP. SHUFFLE.

¼ turn right into left chasse. LRL. ¼ turn left into right chasse RLR.

1/4 turn left into left chasse. LRL .LOD ½ turn right into right chasse. RLR. RLOD 5 - 8Rock back on left. Recover on right.

Rock fwd on right. Recover on left. Right shuffle back RLR. Left shuffle fwd LRL.

CHANGE SIDES. 1/2 TURN.TRIPLE IN PLACE STEP FORWARD. SIDE. TRIPLE IN PLACE. 7

WALK.WALK. TRIPLE IN PLACE 1/2 TURN. TRIPLE IN PLACE.

Step fwd on left, right to right side. Walk right, left, turning. ½ turn right (Behind Gent to his left side). 1 - 4

Triple step in place RLR. LOD

1/4 turn left stepping fwd on left. 1/4 turn left stepping back on right. 5 - 8Walk fwd right, left.

Triple step in place RLR. Triple step in place LRL. RLOD

Note: Count: 1 – 4 Release Ladies left, Gent's right hand, Ladies right hand over Gent's head.

Count: 5 – 8 Lady turning under Ladies raised right hand, pick up into closed western.

BOTH: ROCK STEP. SHUFFLE (X2)

Triple step in place LRL.

 $\begin{array}{c} \frac{8}{1-4} \end{array}$ Rock fwd on left, rock back on right. Rock back on right, rock fwd on left.

Left shuffle fwd. Right shuffle back.

Rock fwd on right, rock back on left. Rock back on left, rock fwd on right.

Right shuffle fwd. Left shuffle back.