

Just Dance

4-Wall, 32 count Beginner Line dance

By: Staci Cutler staci.cutler@comcast.net & Todd Lescarbeau todd_lescarbeau@yahoo.com or todd@dancecollaborative.org

Music: "Just Dance (RedOne Mix)" by Lady GaGa, available on Itunes.com.
(Dance starts 16 beats in from the words "Red One")

"That's How Country Boys Roll" by Billy Currington (album: Little Bit of Everything) also available on Itunes.com (Dance starts 16 beats in with start of vocals)

1 - 8 *SIDE, HOLD, CLOSE, SHUFFLE STEP, ROCK RECOVER SIDE, ROCK RECOVER, SIDE

1, 2 Step R to side, Hold

&3&4 Quickly step L beside R, Shuffle R-L-R

5&6 Rock back on L, Recover on R, Step L to side

7&8 Rock back on R, Recover on L, Step R to side

*Optional arm movements: for counts 1,2 &3&4

R hand up at shoulder level palm facing forward

L hand at waist level palm facing in.

8 - 16 WALK FORWARD, KICK-BALL-CROSS, 1/4 TURN, SIDE, FORWARD, TOUCH

1, 2 Walk forward L, R,

3&4 Kick L forward, step ball of L beside R, Cross step R over L taking weight on R

5, 6 Turn 1/4 to right stepping back on L, Step to side on R (now facing 3:00)

7, 8 Step L forward, Touch R beside L

17 - 24 HEEL GRIND, TWIST WITH HEEL RAISE, ROCK STEP, COASTER STEP

1 Rock forward on R heel (toe should point to left)

Recover onto L while turning R toe toward right (*note the weight change from R to L)

Step R beside L

&4 Raise heels while twisting them to left, return to center

5, 6 Rock forward on L, Recover onto R

7&8 Step back on L, step R beside L, Step forward on L

25 - 32 1/4 TURNS WITH HIP ROLLS, STEP , STEP-PIVOT 1/2 TURN, STEP

1, 2 Step forward on R, turn 1/4 to left rolling hips counter clockwise. Weight ends on L

3, 4 Repeat counts 1, 2

5, 6 Step forward on R, Step forward on L

7, 8 Pivot 1/2 turn to right taking weight on R, , Step forward on L.

START AGAIN AND HAVE FUN!