

# Healing

Choreographed by Michael Thompson

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: **Sexual Healing** by Marvin Gaye

Start: 16 counts into music after the beat kicks in (start right after the “WOOO”)

Step Sheet Provided by Michael Thompson ([dancemic1@yahoo.com](mailto:dancemic1@yahoo.com) or 770-365-9831)

STEP FORWARD, SWEEP  $\frac{1}{4}$  LEFT, CROSSING TRIPLE, SWAY 4X

1-2-3&4 Step left foot forward, sweep the right foot while turning  $\frac{1}{4}$  left, cross the right foot over left, step left foot to left, cross the right foot over left

5-8 Step left to side and sway hips left, right, left, right

SAILOR LEFT AND RIGHT, POINT FORWARD 2X, TOUCH SIDE,  $\frac{1}{4}$  TURN LEFT

1&2-3&4 Step left foot behind right, step right foot to right, recover back to left, step right foot behind left, step left foot to left, recover back to right

5&6&7-8 Touch left toe forward, step left foot next to right, touch right toe forward, step right foot next to left, touch left toe to left, turn  $\frac{1}{4}$  left, keeping weight back on right

TRIPLE FORWARD, KICK, STEP BACK, BUMP FORWARD, BACK, FORWARD, BACK

1&2-3-4 Step left foot forward, step right foot behind left, step left foot forward, kick right foot forward, step back on right foot

5-8 Bump hips forward, back, forward, back

STEP, 3 MILITARY TURNS, STEP

1 Step left foot forward

2-7 Step right foot forward, turn  $\frac{1}{4}$  left (repeat 3x)

8 Step right foot forward

REPEAT