

# Hamma

Choreograph	Martin Plugge
Type	Solo line dance
Level	Novice
Rhythm	Salsa
Counts	32
Walls	4
Music	“Hamma” by Culcha Candela (Album: Rhythms del Mundo - Cubano Alemán)
Intro	16 counts, Start on lyrics

## **1-8 Progressive Basic, Step Turn R, Pivot Turn R, R Backward Rock, Pivot Turn L**

- 1&2 Step LF forward, Recover on RF, Step LF back
- 3&4 Step RF back, Recover on LF, Step RF forward
- 5&6 Step LF forward ½ Turn right, Step RF forward ½ Turn right, Step LF back (12:00)
- 7&8 Step RF back, Recover on LF ½ Turn Left, Step RF back (06:00)

## **9-16 2x Backward Cross Rock, ¼ Turn R, Turning Side and Cross ¼ Turn R, Right Scissor**

- 1&2 Cross LF behind RF, Recover on RF, Step LF left
- 3&4 Cross RF behind LF, Recover on LF, ¼ Turn R Step RF forward (09:00)
- 5&6 ¼ Turn R Step LF to left side, Recover on RF, Cross LF over RF (12:00)
- 7&8 Step RF to right, Close LF to RF, Cross RF over LF

## **17-24 Side Step w/ Bodyshake, Hitch, Cross, Unwind, Weave, Turning Weave ¼ Turn L**

- 1,2 LF wide step left and bend both knees while shaking body, Recover on RF straight right knee and hitch L
- 3&4 Cross LF over RF, Unwind ½ Turn R, Step forward on RF
- 5&6 Cross LF over RF, Step RF right, Cross LF behind RF
- 7&8 Step RF back, ¼ Turn L Step LF left, Step RF in front of LF

## **25-32 2x Forward Toe Struts w/ Hip Roll, Cross Check, ¼ Turn L, Step Turn, ¼ Turn L**

- 1,2 Touch L toe forward and rotate hip counter-clockwise, Step LF down
- 3,4 Touch R toe forward and rotate hip clockwise, Step RF down
- 5&6 Cross LF over RF, Recover on RF, ¼ Turn L step LF forward (12:00)
- 7&8 Step RF forward ½ Turn L, Step LF forward ¼ Turn L, Step RF right (03:00)

Start again and keep your hips relaxed.