

GOLDEN RING

Choreographed by Heather Staddon 01603749058 <frederick.staddon@ntlworld.com>

Description Partner dance (64 counts) both on same footwork throughout
Start in sweetheart position moving down l.o.d

Music True Love is a Golden Ring by Alan Jackson CD Freight Train

Both the same rock recover cross hold

1-4 Rock out to right side recover left right cross over left hold

1-4 Rock out to left side recover right left cross over right hold

Both the same step slide step hold

1-4 Step forward right slid left up to right step forward right hold

1-4 Step forward left slid right up to left step forward left hold

Both the same ¼ turn left ¼ turn left drop left hand take right arm over lady's head

1-4 Step right make a ¼ turn left step left behind right step right to the side hold facing **I.L.O.D**

1-4 Left step to the side slide right up to left make a ¼ turn left on left hold Facing **R.L.O.D**

Both make a ½ turn Man walk lady turn

1-4 Right step forward pivot ½ turn left step forward right hold **L.O.D**

1-4 **Man** Walk forward left right left hold **[optional]** full turn

Lady Make a full turn right on left right left hold

Both the same

1-4 Step forward right slide left up left step forward right hold

1-4 Step left make ¼ turn right step right behind left step left to side hold **I.L.O.D**

Both the same

1-4 Step right to the side slid left up to right make a ¼ turn right on right hold **R.L.O.D**

1-4 Step forward left pivot ½ turn right step forward left hold **L.O.D**

Man rock Lady make ½ turn drop left hand hold right

1-4 **Man** Rock forward right recover left step back right hold

Lady Make 1/2 right stepping right left right hold **R.L.O.D**

1-4 **Man Rock** forward left recover right step back left hold

Lady Rock back left recover right step forward left hold

Man rock Lady Make ½ turn in to l.o.d

1-4 **Man** Rock back right recover left step forward right hold

Lady Step forward right pivot ½ turn left step forward right hold Facing **L.O.D**

1-4 **Man** Walk forward left right left hold **[optional]** full turn

Lady Make a full turn right on left right left hold

Start again