

# Cowboy Caz

Choreographed by Pam Conner, Oct. '09

32 ct., 4 wall, Beginner line dance

Music: Cowboy Casanova, by Carrie Underwood

Start dance after approximately 20 counts on the word "me".

## **Turn $\frac{1}{4}$ R with flick, step together, step drag, heel & heel.**

- 1, 2. Step forward on R turning  $\frac{1}{4}$  turn to the right, flick left leg behind. (3:00)
- 3, 4. Step forward L, step R next to L.
- 5, 6. Step L to L (big step), drag R to L and touch.
- 7&8&. Touch R heel diagonally front, replace. Repeat with L.

## **Step $\frac{1}{4}$ R, point, step, point, triple step, step, hold.**

- 1, 2. Turn  $\frac{1}{4}$  turn to R while stepping with R, point L to side. (6:00)
- 2, 3. Step L forward, point R to side.
- 4&5. Triple step forward R, L, R.
- 7, 8. Step forward on L and hold.

**Restart here on wall 11. You will be at 12:00 and will turn onto 3:00 wall to restart.**

## **Hip "sits", cross & unwind $\frac{3}{4}$ L, left sailor.**

- 1, 2. Hip bumps back to front with R and L, popping L knee as you "sit back" on the R.
- 3, 4. Repeat.
- 5, 6. Cross R over L, unwind  $\frac{3}{4}$  turn to the L. (9:00)
- 7&8. Sweep L behind, step R to side, step L forward.

**Restart here on wall 5. You will be facing 9:00 and will turn onto 12:00 wall to restart.**

## **Rock and recover, triple step $\frac{1}{2}$ R, step, turn $\frac{1}{2}$ L, L coaster.**

- 1, 2. Rock forward on R, recover to L.
- 3&4. Triple step R, L, R making  $\frac{1}{2}$  turn to right. (3:00)
- 5, 6. Step forward with L, step back on R while making  $\frac{1}{2}$  turn left. (9:00)
- 7&8. Step back L, step back R, step forward L.

**Start again.**

**Don't let the restarts scare you off. They are easy to hear in the music after a couple of times through, even for beginners. Hope you enjoy it!**