

Blindsided

Choreographed by Helen . Walker – Krofchick (May2009)

Description : 16 Count, 2 wall, beginner line dance

Music: Chrome by Trace Adkins

Shine by Take That

S1. Swivels to the side, toe and heel switches.

1+2 Swivel heels right, swivel toes right, swivel heels right.

3+4 Swivel heels left, swivel toes left, swivel heels left.

5+6+ Touch right toes to right side, and switch touching left toes to left side and replace.

7+8 Touch right heel forward and replace switching to touch left toes back. (Weight on right)

S2. Triple steps forward, step turn kick ball change.

1+2 Left triple step moving forward.

3+4 Right triple step moving forward.

5 6 Step through with left foot (with weight) turning ½ right (switch weight to right foot)

7+8 Left kick ball change in place (low kick forward with left foot, replace changing weight from left foot to right foot)

Begin dance again

Enjoy, Helen!

Contact information. Email dancer29206@yahoo.com